

ISSUE 29 • COVERING FEBRUARY 2026

# 4-H UPDATES



Official Newsletter of Sumner County 4-H



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## Congratulations 4-H Club Day Participants!

Congratulations to everyone who participated in 4-H Club Days on the 21<sup>st</sup>. It was a fun day full of great presentations and musical performances. This is a favorite event of many, including our judges because 4-Hers get to show off things they are passionate about. Getting to hear presentations about a variety of topics or hearing beautiful music is a treat for everyone in attendance. It is a great way to get out of your comfort zone and grow in a meaningful way.

# Program News & Updates



## 4-H Council Project Night

February kicked off our first 4-H Council Project Night which was held on the 23<sup>rd</sup> at the Raymond Frye Complex. Twelve 4-Her's participated in the evening which consisted of making tote bags from feed sacks. The project was led by Angi Harlan who is a parent in the Cardinal's 4-H Club.

The next 4-H Council Project Night will be held on April 27<sup>th</sup>. We are still looking for an individual or club who would like to host the evening. So, if you or your club are interested, please contact the Extension Office!



## Babysitting Clinic

March 20, 2026  
9AM to 2PM

Raymond Frye Complex  
320 N Jefferson St  
Wellington, KS 67152

Registration Fee: \$15.00

Limit: 20 Participants

Register Online By March 13th:  
<https://tinyurl.com/SUCOSitter>

### Babysitting Clinic Schedule:

8:45 AM Check-In  
9:00 AM The Business of Babysitting  
9:40 AM Infants 101  
10:30 AM Health and Wellness  
11:30 AM Lunch and Movement  
12:20 PM First Aid and CPR  
1:00 PM Development and Activities  
2:00 PM Dismiss

### Calling All Youth 10 and Older:

Are you at least 10 years old and interested in becoming a babysitter? Join K-State Research and Extension along with community partners to learn about the responsibilities of babysitting. Youth will gain knowledge in preparing for the role of a babysitter, food safety, nutrition and wellness, basic first aid/cpr, child development, safe practices for infants, and activities for young children. Participants will leave with confidence and skills acquired to care for young children! Resources and handouts will be provided to each participant.

## Babysitting Clinic

On March 21<sup>st</sup> the Extension Office will be hosting it's annual Babysitting Clinic. This program is open to all Sumner county youth ages 10 and older. The clinic will run from 9:00am until 2:00pm and cover topics including infant care, first aid, health and wellness, and more. By the end of the program participants will receive not only practical knowledge, but also a certificate that can be presented to perspective employers. To register, scan the QR Code and fill out the registration form by March 13<sup>th</sup> at 5:00pm.



Contact Information:  
Sumner County Extension  
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**K-STATE** Chisholm Trail  
Research and Extension District

**K-STATE** Harvey  
Research and Extension County

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Research and Extension

# Program News & Updates



## Sheep & Goat Workshop Follow Up

Thank to those who were able to make it to the Sheep and Goat Workshop on the 7<sup>th</sup>. It was a great morning to learn more about how to select, raise, and show small ruminants. It was a lot of information at one time, but everyone was able to take away new pieces of information that can be used with their projects this year. A special thank you to our presenters & sponsors Frank and Sheila Beesley for hosting the clinic. Also thank you to Tractor Supply for sponsoring prizes for the attendees as well.

Frank and Sheila Beesley will also be our project leaders for sheep and goats this year. So if you have sheep and goat questions, regardless if you attended the workshop or not, feel free to contact the Office and we will get you in contact with our project leaders.

Lastly, if you want to see more of these types of learning opportunities please let the Office know! We want to continue to connect 4-Her's to people across Sumner County who are knowledgeable in different project areas.



# Agent Notes



## How to Plan & Prepare 4-H Fair Projects

Fair season has a way of arriving faster than we expect, and the most successful 4-H members are the ones who start planning early.

Preparing a project for the fair isn't just about the final product or show day but rather it's about the weeks and months of steady effort leading up to it. Whether your project is livestock, foods, photography, visual arts, robotics, or any other area, taking time now to make a clear plan will help you feel confident and prepared when the 4-H Fair arrives.

Start by reviewing the 4-H Fair book and guidelines carefully. Pay close attention to entry deadlines, any updates to the rule book, class descriptions, and any details relating to your project. Use the 4-H Council calendar to mark important dates to ensure you will not miss anything. Breaking your preparation into smaller goals will make you feel productive and help to keep the workload manageable. This will ultimately help prevent last minute stress.

Next, build a consistent routine. Livestock exhibitors should schedule regular times to work on feeding, training, and hair care. 4-Hers with static projects should plan to dedicate time to refine their skills, complete projects on time, and double check rule requirements. Don't forget the details like labels, mounting instructions, and recipes. Attention to detail makes a big difference when it comes to 4-H Fair Judging.

Finally, ask for feedback along the way. Leaders, parents, agents, and experienced members can offer helpful suggestions before judging. Preparing for the 4-H Fair is about more than earning ribbons. It's about learning responsibility, time management, and taking pride in your work. With intentional planning and lots of effort, you'll walk into Fair week ready to showcase not just your project, but the growth and skills you've developed all year long.

## Is it Summer Yet?

WHETHER YOU'RE READY OR NOT, SUMMER AND ALL IT'S CHAOS IS FAST APPROACHING!



## Side Notes

One of the biggest things to keep in mind is not just preparing early, but it's the purpose behind a project. What is the 4-Her trying to learn while working on it. Ribbons are great, but skills and knowledge last a lifetime.

# Club News



Reporter's  
Corner

Club News from  
Sumner County



No Club Reports were submitted for February.



Cardinals

Redwings

Buccaneers

Happy Hustlers

Trailblazers



# 4-H Council Work Groups

MARCH 23RD  
@ 7:00 PM



## 4-H Tips

### 4-H FAIR IS NOT FAR AWAY!

THE 4-H FAIR IS A LOT CLOSER THAN IT MAY APPEAR. NOW IS THE TIME TO START WORKING ON PROJECTS FOR THE 4-H FAIR IF YOU HAVE NOT ALREADY.

PROJECTS SOUND EASY TO COMPLETE, BUT WHEN A TIME CRUCNH HITS IT BECOMES CHAOS.

YOU ARE ALWAYS MISSING A GLUE STICK, SOMETHING BREAKS OR SMUDGES, OR YOU FORGET UNTIL THE LAST SECOND THAT YOU SIGNED UP FOR SOMETHING.

NOW IS THE TIME TO MAKE A LIST OF PROJECTS YOU SIGNED UP FOR, BRAINSTORM IDEAS FOR YOUR PROJECTS, AND COME UP WITH A STRATEGY TO COMPLETE YOUR PROJECTS ON TIME.

IF YOU NEED HELP WITH ANYTHING ASK YOUR CLUB LEADER OR EXTENSION AGENT FOR HELP.



## Looking Ahead

### March

- 4<sup>th</sup>; Shooting Sports Meeting @ 6:00pm @ RFC
- 6<sup>th</sup>; Regional Club Day Entries Due
- 10<sup>th</sup>; Read 4-H @ 6:30pm @ RFC
- 18<sup>th</sup>; Shooting Sports Meeting @ 6:00pm @ RFC
- 20<sup>th</sup>; Babysitting Clinic
- 21<sup>st</sup>; Regional Club Day @ Medicine Lodge
- 23<sup>rd</sup>; 4-H Council & Work Groups

### April

- 1<sup>st</sup>; 4-H Senior Scholarships due
- 27<sup>th</sup>; 4-H Council Project Night



# Beyond Ready

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Sumner County Office

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