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4-H UPDATES



Official Newsletter of Sumner County 4-H





4-H Gives You a Head Start at School

School is back in session, and it's a great time to put those 4-H skills to work! The organization you use to keep up with your projects can help you stay on top of homework, and the teamwork and leadership you practice in your club can make group projects way easier. Even things like giving a talk at a club meeting can help you feel more confident in class. As you settle into the new school year, remember - everything you learn in 4-H can give you an extra boost both in and out of the classroom!

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Program News & Updates







4-H for Good Day

THURSDAY, OCTOBER 9
NATIONAL 4-H WEEK



National 4-H Week

National 4-H week is just around the corner and it is a fun way to show your 4-H Pride! This fun event runs from Monday October 6th, through Friday October 10th. The whole week is aimed at celebrating and promoting 4-H. Two days in particular have fun themes that you and your club can really respresent. Monday the 6th is "Go Green" day, where we want everyone to wear green to show your 4-H pride. Thursday the 9th is "4-H for Good" day where we want to highlight all the good things that 4-H does. This can be anything that your club does to benefit 4-Her's, community members, or any good thing you can think of. Let's all use National 4-H week as a way to celebrate the awesome things we do as well as promote our good work to others.

Read 4-H

We had a fantastic 2024/2025 Read 4-H Program. The program is still undergoing renovations each year as we strive to follow the 4-H motto "To Make the Best Better" but we have a lot of fun along the way. This year participants completed tasks throughout the duration of the program to earn an annual reward. The reward for this year was going to the Museum of World Treasures in Wichita! We have lots of fun plans for next year's program, so make sure to keep an eye out for the return of Read 4-H for the 2025/2026 program year.

Agent Notes

4-H WAS HERE



Carrying 4-H Lessons Into the Classroom

Heading back to school is always an exciting time, and 4-Her's are especially ready for the challenge. The organization and planning that go into 4-H projects are the same skills that help keep track of assignments, tests, and activities during the school year. Just like setting goals for a fair project, breaking schoolwork into smaller steps makes big tasks feel more manageable.

Working with others is another area where 4-H makes a big difference. From planning club events to completing service projects, 4-Her's practice teamwork, communication, and responsibility. Those skills carry right into the classroom, whether it's tackling a group project, playing on a team, or joining a school club.

Confidence is something that grows naturally through 4-H experiences as well. Giving a demonstration or leading a meeting helps youth feel comfortable speaking up in class, sharing ideas, and even stepping into leadership roles at school. When you've had practice in 4-H, it's easier to take on new challenges and opportunities with confidence.

This school year, remember that 4H is more than just projects and meetings - it's a toolbox you carry with you everywhere. The lessons learned in 4-H can make school smoother, more rewarding, and even more fun. So as you dive into the year ahead, bring your 4-H skills with you - you'll be surprised how far they can take you

Summer is Over Already?!?

IT'S HARD TO BELIEVE THAT SUMMER IS OVER AND SCHOOL IS BACK IN SESSION.



Side Notes

Just like what I mentioned in the main article, 4-H is a toolkit that you can use the rest of your life. For school in particular, you can take the lessons you learn in 4-H and they will help you more than you know. I myself am a product of how 4-H can make a huge impact and it gave me tools that I still use today! Public speaking and confidence are the two things I use most from my time in 4-H. Whether in high school, or as an agent today, I'm not afraid to get up and talk in front of people. And not only do I have the confidence to speak, I can do so very well after giving many 4-H talks. So just because school isn't a 4-H project, don't think the skills you get from 4-H can't come in handy.

Club News





Cardinals

Cardinals have been busy with the Sumner County Fair and squeezing the last bits out of summer. We had a great pool party and baked incredible muffins for the Farm Bureau dessert contest!

Buccaneers

The Buccaneers 4-H Club served watermelon in the park with the police department for National Night Out.



Redwings

Trail Blazers

Happy Hustlers



4-H Council Meeting

AUGUST 25TH @ 7:00 PM



UTILIZING YOUR RESOURCES

AS 4-H FAMILIES, YOU HAVE A
PLETHORA OF RESOURCES
AVAILABLE TO YOU. SO WHEN YOU
HAVE QUESTIONS OR ISSUES ARISE,
THERE IS NO REASON TO PANIC.
SOME OF THE RESOURCES
AVAILABLE ARE:

- EXPERIENCED 4-H FAMILIES IN YOUR CLUB
 - LOCAL CLUB LEADER
 - EXTENSION OFFICE WEBSITE
- EXTENSION OFFICE YOUTUBE CHANNEL WITH TUTORIAL VIDEOS
- MONTHLY 4-H NEWSLETTER
- EXTENSION OFFICE STAFF

THESE ARE JUST SOME OF THE RESOURCES YOU HAVE AVAILABLE TO YOU. THERE IS PLENTY MORE AT THE EXTENSION OFFICE OR MATERIALS THAT EXTENSION STAFF CAN ACQUIRE.

SO NO MATTER IF YOU ARE NEW TO THE PROGRAM OR HAVE BEEN AROUND FOR YEARS, THERE ARE RESOURCES AND PEOPLE WHO WANT TO HELP YOU SUCCEED.



Looking Ahead

September

- 4th; State Fair Food Entries Due to Office @ 8:15am
- 8th; Project Report Forms Due to Office @ 5:00pm
- 26th; PDC Election Nominations Due

October

- 1st; Enrollment Opens
- 5th 11th; National 4-H Week
- 11th; Quartermania
- 11th 12th; 48 Hours of 4-H
- 13th; Office Closed for Columbus Day
- 27th 31st; PDC Elections @ Extension Office





Sumner County

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Sumner County Office

320 N. Jefferson Ave Wellington, KS 67152

620-623-7477